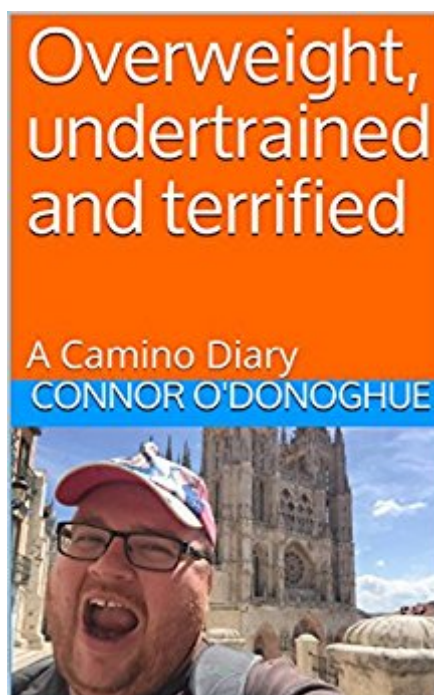


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Overweight, Undertrained And Terrified: A Camino Diary



Synopsis

This is the entertaining and sometimes inspirational story of one morbidly obese 35-year-old Irishman who decides to walk 708 kilometres across the Camino de Santiago, an ancient Christian pilgrimage in Northern Spain one summer. On the journey, he faces a variety of physical and mental obstacles. The book is written in diary format, at turns poignant and funny in a light, pacey style.

Book Information

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Customer Reviews

I love to read stuff by people who write well, and I'd never recommend anything just to be nice. So you can believe me when I say that if you're looking for something funny and inspirational to read, I 100% recommend this book about how the author walked the Camino de Santiago for 33 days last summer. It'll make you laugh, it'll help you learn something new, and it'll make you want to try things you've never done before. Highly recommended.

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